	1		2		3	4	5	6	7	8	9	10	11	12	13	14	15	16
BANGKOK HEALTH SERVICE HEALTH JOURNEY WITH HEART	Basic		Basic Plus		VIP		Executive		Geriatric		Deluxe Health Check		Premier Vitality Package		Superior Plus		Ultimate Health Analysis	
Age recommendation	Age 15-29		Age 30-35		Age 36-45		Age >45		Age >60		Age >40		Age >50		SNP Gut microbiome		DNA Test	
Male / Female	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
Physical Examination																		
• General physician, Health Promotion Center	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
• Anti-aging physician, Prestige Wellness Center													✓	✓	✓	✓	✓	✓
• Neurologist***																	✓	✓
Eye examination by Ophthalmologist									✓	✓			✓	✓	✓	✓	✓	✓
Hearing test by ENT specialist									✓	✓			✓	✓	✓	✓	✓	✓
Dental examination									✓	✓			✓	✓	✓	✓	✓	✓
Fall risk assessment									✓	✓								
Basic Screening																		
Body Composition Analysis	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Complete Blood Count (CBC)	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fasting Blood Sugar	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Accumulated blood sugar level (HbA1c)	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cholesterol	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triglyceride	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
HDL Cholesterol	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
LDL - Cholesterol	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Kidney function test																		
• BUN	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
• Creatinine	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
• Urine Albumin/Creatinine ratio (UACR)							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Liver function test																		
• SGOT	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
• SGPT	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
• Alkaline Phosphatase	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
• Total protein			✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
• Bilirubin			✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
• GGT - Gamma GT			✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Uric acid	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Urine Examination	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chest X-Ray	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Bone Density 2 Parts							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Transient elastrography (Fibro scan)							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Audiometry by audiologist									✓	✓							✓	✓
Cancer Screening Tests																		
Liver cancer screening (AFP)					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ultrasound Whole Abdomen			✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Prostate cancer screening (Total and Free PSA)					✓		✓		✓		✓		✓		✓		✓	
Viral Hepatitis test (HBsAg, Anti HBs, Anti-HBc, Anti HCV)											✓	✓	✓	✓	✓	✓	✓	✓
Stool examination (FIT: Fecal immunochemical test)					✓	✓	✓	✓	✓	✓								
Stool examination (Fecal Occult Blood & Inflammation Screening)											✓	✓	✓	✓	✓	✓		
Cervical cancer screening (Pap smear)						✓		✓				✓		✓		✓		✓
HPV16/18, Other high risk genotyping						✓		✓				✓		✓		✓		✓
Breast cancer screening (Mammogram and Ultrasound Breast)						✓		✓		✓		✓		✓		✓		✓
Nasal cancer screening (Sinuscopy) Gastroscopy & Colonoscopy																	✓	✓
Gastroscopy & Colonoscopy																	✓	✓
(Brain, heart and vascular disease screening)																		
Electrocardiogram (ECG)			✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Vascular screening test (ABI)							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Exercise Stress Test (EST)					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Echocardiogram											✓	✓	✓	✓	✓	✓	✓	✓
Lipoprotein (a)													✓	✓	✓	✓	✓	✓
C-Reactive Protein (CRP)													✓	✓	✓	✓	✓	✓
Homocysteine													✓	✓	✓	✓	✓	✓
CT Calcium Scoring*,**									✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ultrasound Doppler Carotid arteries***							✓	✓	✓	✓			✓	✓	✓	✓	✓	✓
MRI/MRA brain**,***																	✓	✓
(Basic Hormone and Vitamin level)																		
Vitamin D level test (25-Hydroxy vitamin D total)							✓	✓	✓	✓	✓	✓	✓	✓				
Vitamin D level test (Vitamin D2/D3)															✓	✓	✓	✓
Thyroid hormone test (TSH)							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Thyroid hormone test (FT3)							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Thyroid hormone test (FT4)							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Testosterone							✓		✓		✓		✓		✓		✓	
Hormone level in blood 8 items (Estradiol(E2), Luteinizing hormone (LH), FSH, Progesterone, DHEA-S, IGF-I, Insulin, Cortisol)													✓	✓	✓	✓	✓	✓
Micronutrient profiles (result takes 10 days)																	✓	✓
Premium DNA test (result takes 45-60 days)																	✓	✓
For Superior plus Package, you can choose only one																		
• SNP Health (Disease risk and Pharmacogenetics) • Gut microbiome															✓	✓		
Special service at the Lounge (5E) with foods											✓	✓	✓	✓	✓	✓		
Special service at the Lounge (16E) with foods																	✓	✓
Food coupon	✓		✓		✓	✓	✓	✓	✓	✓								
Duration In hours	2-3		2-3		3-4	3-4	4-5	4-5	4-6	4-6	4-6	4-6	6-8	6-8	6-8	6-8	6-8	6-8

*Not suitable for those who have already had a coronary artery stent or coronary artery bypass surgery.

**This item may have limitations for some individual. It is recommended to see a doctor prior to receiving the service.

***For providing the explanation of results for U/S Carotid and MRI/MRA Brain in the Ultimate Health Analysis program only.

Book via this link: Health check up in Pattaya