


	1		2		3		4		5		6	
 <b>BANGKOK HEALTH SERVICE</b> HEALTH JOURNEY WITH HEART	Healthy Check-up		Longivity Check-up		Ultimate Check-up		Heart Check-up					
Age recommendation	Below 30		Age 30-40		Age Over 40		Age over 40					
Male / Female	M	F	M	F	M	F	M	F	M	F	M	F
Physical examination	✓		✓	✓	✓	✓	✓	✓			✓	
Vision screening			✓	✓	✓	✓						
Thin Prep				✓				✓				
Complete Blood Count	✓		✓	✓	✓	✓						✓
Fasting Blood Sugar	✓		✓	✓	✓	✓						✓
Glycohemoglobin (HbA1c)							✓	✓				✓
Cholesterol	✓		✓	✓	✓	✓						✓
Triglyceride	✓		✓	✓	✓	✓						✓
High Density Lipoprotein	✓		✓	✓	✓	✓						✓
Low Density Lipoprotein	✓		✓	✓	✓	✓						✓
Blood Urea Nitrogen			✓	✓	✓	✓						
Creatinine	✓		✓	✓	✓	✓						✓
Uric acid	✓		✓	✓	✓	✓						
Homocysteine							✓	✓				✓
High-sensitivity C-reactive protein (hs-CRP)												✓
Total Protein			✓	✓	✓	✓						
Albumin			✓	✓	✓	✓						
Globulin			✓	✓	✓	✓						
A/G Ratio			✓	✓	✓	✓						
Total Bilirubin			✓	✓	✓	✓						
Direct Bilirubin			✓	✓	✓	✓						
Aspartate Aminotransferase (AST)	✓		✓	✓	✓	✓						
Alanine Aminotransferase (ALT)	✓		✓	✓	✓	✓						
Alkaline Phosphatase			✓	✓	✓	✓						
Gamma-Glutamyl Transferase			✓	✓	✓	✓						
Thyroid Stimulating Hormone	✓		✓	✓	✓	✓						✓
Triiodothyronine Free (Free T3)							✓	✓				
Thyroxine Free (Free T4)							✓	✓				
Hepatitis B Virus Surface Antigen			✓	✓	✓	✓						
Hepatitis B Virus Surface Antibody							✓	✓				
Prostatic Specific Antigen			✓		✓	✓						
Carcinoembryonic Antigen			✓	✓	✓	✓						
Alpha Fetoprotein			✓	✓	✓	✓						
Carbohydrate Antigen 19-9							✓	✓				
Breast Cancer Antigen 15-3								✓				
Cancer Antigen 125					✓	✓						
Urine Analysis	✓		✓	✓	✓	✓						
Stool Examination			✓	✓	✓	✓						
Stool Examination - Occult Blood			✓	✓	✓	✓						
Allergy Screening (Food+Inhalation)							✓	✓				
Chest X-ray	✓		✓	✓	✓	✓						✓
Ultrasound Whole Abdomen							✓	✓				
Ultrasound Upper or Lower Abdomen			✓	✓								
Lung Function Test (Spirometer)			✓	✓	✓	✓						
Mammogram with Ultrasound breast				✓				✓				
Electrocardiogram	✓		✓	✓	✓	✓						✓
Echocardiogram							✓	✓				✓
Or Exercise Stress Test (choose one)							✓	✓				✓
Duration hours	3-4		4-6		4-6		6-8		6-8		4-6	

[Book via this link: Health check up in Koh Samui](#)