


		1		2	3	4	5	6	7
 <b>BANGKOK HEALTH SERVICE</b> <small>HEALTH JOURNEY WITH HEART</small>		Vital Check-up		Advanced Check-up		Executive Check-up		Absolute Check-up	
Age recommendation		Below 30		Age 30-40		Age 40-50		Age over 50	
Male / Female		M	F	M	F	M	F	M	F
Physical examination		✓		✓	✓	✓	✓	✓	✓
Eye screening						✓	✓	✓	✓
Dental screening				✓	✓	✓	✓	✓	✓
Hearing screening						✓	✓	✓	✓
Complete Blood Count (CBC)		✓		✓	✓	✓	✓	✓	✓
Sugar profile	Fasting Blood Sugar (FBS)	✓		✓	✓	✓	✓	✓	✓
	HbA1C	✓		✓	✓	✓	✓	✓	✓
Lipid profile	Triglyceride	✓		✓	✓	✓	✓	✓	✓
	HDL	✓		✓	✓	✓	✓	✓	✓
	LDL	✓		✓	✓	✓	✓	✓	✓
	Cholesterol	✓		✓	✓	✓	✓	✓	✓
Kidney Function Test	BUN	✓		✓	✓	✓	✓	✓	✓
	Creatinine	✓		✓	✓	✓	✓	✓	✓
Liver Function Test	SGOT (AST)	✓		✓	✓	✓	✓	✓	✓
	SGPT (ALT)	✓		✓	✓	✓	✓	✓	✓
	Alkaline phosphatase (ALP)			✓	✓	✓	✓	✓	✓
	GAMMA GT (GGT)					✓	✓	✓	✓
	Total Protein (Albumin & Globulin)					✓	✓	✓	✓
Thyroid Function Test	Bilirubin					✓	✓	✓	✓
	TSH					✓	✓	✓	✓
	Free T3					✓	✓	✓	✓
	Free T4					✓	✓	✓	✓
Tumor Markers	PSA for prostate cancer					✓		✓	
	CEA for colon cancer					✓	✓	✓	✓
	AFP for liver cancer			✓		✓	✓	✓	✓
Uric acid		✓		✓	✓	✓	✓	✓	✓
Urine Examination		✓		✓	✓	✓	✓	✓	✓
Stool Exam and Occult Blood				✓	✓	✓	✓	✓	✓
Cervical Cancer Screening	Cervical Cancer Screening				✓		✓		✓
	Human Papilloma Virus Screening				✓		✓		✓
Electrolyte								✓	✓
Cardiovascular Investigation	Exercise Stress Test (EST)					✓	✓	✓	✓
	Electrocardiogram (EKG)			✓	✓	✓	✓	✓	✓
	Ankle-Brachial Index (ABI)			✓	✓	✓	✓	✓	✓
	Carotid Duplex							✓	✓
Imaging Investigation	Chest X-ray	✓		✓	✓	✓	✓	✓	✓
	Ultrasound Whole Abdomen			✓	✓	✓	✓	✓	✓
	Bone Density Lumbar Hip								✓
	Mammogram with Ultrasound Breast Both Sides						✓		✓
Report Book		✓		✓	✓	✓	✓	✓	✓
Food Coupon		✓		✓	✓	✓	✓	✓	✓
Service Duration (hrs.)		2-3		3-4	3-4	4-6	4-6	6-8	6-8