		1		2	3	4	5	6	7
BANGKOK HEALTH SERVICE HEALTH JOURNEY WITH HEART		Essential Check-up		Premium Check-up		Wellness Comprehensive Check-up		Wellness Grand Comprehensive Check-up	
Age recommendation		Below 30		Age 30-40		Age 40-50		Age over 50	
Male / Female		M	F	M	F	M	F	M	F
Physical Examination		✓		✓	✓	✓	✓	✓	✓
Body Mass Index (BMI)		✓		✓	✓	✓	✓	✓	✓
Complete Blood Count		✓		✓	✓	✓	✓	✓	✓
Fasting Blood Sugar		✓		✓	✓	✓	✓	✓	✓
HBA1C		✓		✓	✓	✓	✓	✓	✓
Total Cholesterol		✓		✓	✓	✓	✓	✓	✓
HDL Cholesterol		✓		✓	✓	✓	✓	✓	✓
LDL Cholesterol		✓		✓	✓	✓	✓	✓	✓
Triglyceride		✓		✓	✓	✓	✓	✓	✓
Uric Acid		✓		✓	✓	✓	✓	✓	✓
Blood Urea Nitrogen (BUN)				✓	✓	✓	✓	✓	✓
Creatinine Plus GFR		✓		✓	✓	✓	✓	✓	✓
SGPT		✓		✓	✓	✓	✓	✓	✓
SGOT				✓	✓	✓	✓	✓	✓
Alkaline Phosphatase				✓	✓	✓	✓	✓	✓
Total Protein				✓	✓	✓	✓	✓	✓
Total and Direct Bilirubin				✓	✓	✓	✓	✓	✓
GGT (Gamma-GT)				✓	✓	✓	✓	✓	✓
HBsAg		✓		✓	✓	✓	✓	✓	✓
HBsAb		✓		✓	✓	✓	✓	✓	✓
Anti HCV				✓	✓	✓	✓	✓	✓
Prostatic Specific Antigen (PSA)				✓		✓		✓	
Carcinoembryonic (CEA)				✓	✓	✓	✓	✓	✓
Alpha Fetoprotein (AFP)				✓	✓	✓	✓	✓	✓
CA 125					✓		✓		✓
CA 15-3							✓		✓
Urine Examination		✓		✓	✓	✓	✓	✓	✓
Stool Examination and Occult Blood				✓	✓	✓	✓	✓	✓
H.pylori				✓	✓	✓	✓	✓	✓
Eyes Examination				✓	✓	✓	✓	✓	✓
Mydriatic Fundus Camera				✓	✓	✓	✓	✓	✓
Mydriacy 1% Eye-Drop (Option when necessary)						✓	✓	✓	✓
VA Auto Refract				✓	✓	✓	✓	✓	✓
Tonometer				✓	✓	✓	✓	✓	✓
Initial Physical Fitness Test						✓	✓	✓	✓
Chest X-ray		✓		✓	✓	✓	✓	✓	✓
Electrocardiogram (EKG)		✓		✓	✓	✓	✓	✓	✓
Exercise Stress Test (EST)				✓	✓	✓	✓	✓	✓
Ultrasound Whole Abdomen				✓	✓	✓	✓	✓	✓
Ankle-Brachial Index (ABI)				✓	✓	✓	✓	✓	✓
Mammograms with Ultrasound Breast Both-Side					✓		✓		✓
Bone Dens Lumbar Hip				✓	✓	✓	✓	✓	✓
Calciam				✓	✓	✓	✓	✓	✓
Electrolyte				✓	✓	✓	✓	✓	✓
Vitamin D (25-Hydroxy Vitamin D Total)		✓		✓	✓	✓	✓		
Inbody Composition				✓	✓	✓	✓	✓	✓
Nutritionist Consultation						✓	✓	✓	✓
Royal Micronutrients D	Antioxidant, 8 Lipid and Water Soluble Vitamins (HPLC)							✓	✓
	Folate (Serum)							✓	✓
	Vitamin B12							✓	✓
	Chromium in Blood (Mass Spectrometry)							✓	✓
	Copper in Blood (Mass Spectrometry)							✓	✓
	Ferritin							✓	✓
	Magnesium							✓	✓
	Selenium in Blood (Mass Spectrometry)							✓	✓
	Zinc in Blood (Mass Spectrometry)							✓	✓
	Vitamin D2/D3 (25-OH Vit. D2/D3)							✓	✓
Royal Hormones	Luteinizing Hormone (LH) (BGH)					✓	✓	✓	✓
	Folicle Stimulating Hormone (FSH) (BGH)					✓	✓	✓	✓
	Estradiol (E2) BGH					✓	✓	✓	✓
	Progesterone (BGH)						✓		✓
	Thyroid Stimulating Hormone (TSH)			✓	✓	✓	✓	✓	✓
	Triiodothyronine Free (Free T3)			✓	✓	✓	✓	✓	✓
	Thyroxine Free (Free T4)			✓	✓	✓	✓	✓	✓
	Dehydroepiandrosterone Sulfate (DHEAS)					✓	✓	✓	✓
	IGF1 (Insulin Like Growth Hormone Factor)					✓	✓	✓	✓
	Testosterone			✓		✓		✓	
	IGFBP3					✓	✓	✓	✓
	Sex Hormone Binding Globulin					✓	✓	✓	✓
	Insulin					✓	✓	✓	✓
	Cortisol (Blood)					✓	✓	✓	✓
Medical Report		✓		✓	✓	✓	✓	✓	✓