


		1	2	3	4	5	6	7	8	9	10	11	12
 BANGKOK HEALTH SERVICE <small>HEALTH JOURNEY WITH HEART</small>		Essence Check-Up	Superior Check-Up	Prestige Check-Up NON EST	Prestige Check-Up EST	Signature Check-Up	Wellness Signature Check-Up	Longevity Check-Up					
Age recommendation		Below 30	Below 30	Age 40-50		Age 40-50		Age over 50		Age over 50		Age over 60	
Male / Female		M F	M F	M	F	M	F	M	F	M	F	M	F
Basic Measurement : Vital Signs, Body Mass Index		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Physical Examination by Medical Physician		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Physical Examination by geriatrician												✓	✓
Comprehensive geriatric assessment by geriatrician												✓	✓
Anti Aging Consultation										✓	✓		
Eye Screening by Ophthalmologist				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hearing screening by audiologist								✓	✓	✓	✓	✓	✓
Pap Smear (thin prep) and Pelvic Examination					✓		✓		✓		✓		✓
Complete Blood Count		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sugar Profile	Fasting Blood Sugar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HbA1C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Lipid Profile	Cholesterol	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HDL	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	LDL	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Triglyceride	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Troponin I (High sensitive) for Risk Stratification of CVD				✓	✓	✓	✓	✓	✓	✓	✓		
Kidney Function Test	BUN	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Creatinine	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	eGFR	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Uric Acid		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Liver Function Test	SGPT	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	SGOT	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Alkaline Phosphatase		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	GGT		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Bilirubin			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Total Protein			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Thyroid Function Test	TSH			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Free T4							✓	✓	✓	✓	✓	✓
	Free T3							✓	✓	✓	✓	✓	✓
Tumor Markers	PSA for prostate cancer			✓		✓		✓		✓		✓	
	CEA for gastro-interstitial cancer			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	AFP for liver cancer			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Vitamin B12												✓	✓
Vitamin D (25-Hydroxy Vitamin D total)			✓	✓	✓	✓	✓	✓	✓	✓	✓		✓
Urine analysis		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Stool Exam and Occult Blood				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Imaging Investigation	Chest X-Ray	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Ultrasound Whole Abdomen		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Bone Densitometry (Lumbar Hip)							✓	✓	✓	✓		✓
	Digital Mammogram with Ultrasound Breast Both Sides				✓		✓		✓		✓		✓
Cardiovascular Investigation	Electrocardiogram (EKG)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Ankle-Brachial Index ABI			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Exercise Stress Test (EST)					✓	✓		✓	✓	✓	✓	✓
	Carotid Doppler								✓	✓	✓	✓	✓
Hormone	Estradiol (E2)										✓	✓	
	Progesterone										✓	✓	
	Luteinizing Hormone (LH)										✓	✓	
	Folicle Stimulating Hormone (FSH)										✓	✓	
	Testosterone Level										✓		✓
	Dehydroepiandrosterone Sulphate (DHEA-S)										✓	✓	
	IGF1										✓	✓	
	Cortisol										✓	✓	
Insulin										✓	✓		
Report Book		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pharmacist Counseling		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Food Coupon		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Service Duration		1-2Hrs.	2 Hrs.	3 Hrs.	3 Hrs.	4 Hrs.	4 Hrs.	4 Hrs.	4 Hrs.	4 Hrs.	4 Hrs.	5 Hrs.	6 Hrs.